

Micai Lilliston

Micai Lilliston, attended Philadelphia-Montgomery Christian Academy graduating with a 3.21 grade point average in June of 2022. He will be looking ahead to what's next in his educational journey at **Penn State University - Harrisburg Campus**, where he plans to major in **Kinesiology** with a concentration in **Sports Psychology**. His dream is to become a **Sports Psychologist**.



Micai presents as a well-read, humble, and articulate young man who embraces service to others. He has demonstrated his love for service to others by volunteering in his school, church and community. He is described as a hard-working young man with a servant's heart who displays strong leadership skills; and as an excellent steward of the gifts with which he has been blessed. His involvement in volunteer activities is based upon his belief that you must be an active participant in helping to find solutions to the many issues facing us today, such as poverty, and homelessness.

While attending Phil-Mont, Micai participated in a number of school-related activities such as Student Council, the Interact Community Service Club, Cater G. Woodsen (Community Service Organization) and as Athletic Office and Physical Education Student Aide. He was also a student athlete playing on the basketball and varsity soccer teams and worked as a camp counselor at the Dolton Basketball Camp.

Micai has a long history of community service through volunteer activities with his church, and Chosen 300 Ministries and the Men Who Care of Germantown, Inc., a non-profit organization that describes Micai as a very respectful young man willing to serve and help in any way he can. Micai volunteers in the food pantry assisting in registering new recipients, unloading the food truck, unpacking, stocking, delivering food to homes, neighborhood clean-up efforts and other duties as needed to support this ministry.

We wish Micai a very successful year at Penn State University. ■